

# Krakadouw

Access: From Clanwilliam drive over the Pakhuis pass towards Calvinia and continue until a turn off rightwards towards Wuppertal. Follow the road down into the Bidouw valley, and approximately 20 km further on the road begins a long descent into the Wuppertal valley. Marking this point is a sign 'Heavy vehicles engage lowest gear', and a group of horses on the right. Turn right & follow a sandy track keeping in line with the telephone poles towards Heuningvel. Just before the village the road crosses the river to a T-junction. Turn left and park a few hundred metres on, at the gate & pin a tree on the right.

Walk-in: Follow the road to an old forestry hut. Walk straight across the vlei & up towards a nek between Groot & Klein Krakadouw peaks. (There is a path on the right-hand side of the riverbed leading up to the nek). From the col traverse left along the base of the rock to a low overhang where you camp. A lower campsite is at the Cedar grove on the vlei.

## Descent: There are two ways of descending:

1. From the top of the mountain walk down the easy angled back side towards the lower campsite in a small glen on the last vlei below the slope to the nek.
2. From the summit, beacons find access into a long grassy valley leading through tunnels & grooves towards the gendarme. 3 rappels lead down to the base of the rock.

Krakadouw has some of the finest quality climbing in South Africa, and for that matter as good as the best in the world.

## WG Way Gnatly (22, A1) \*\*\*

Takes the steep wall and very overhanging corner/groove line left of God or Thunder. Start from a little raised platform on the left of the wall. Climb up and right on jugs. 3 pitches following the left-hand trailing break into the 'V' corner line high on the left skyline of the wall. Aid out under the first rock system leading up left into the grooves to the top.

FA: A. Dick, J. Fisher & C. Lomax 1987/8

## GOT God of Thunder (26) \*\*\*\*

Left of the big T-Rex corner is an incredibly steep wall with a roof blocking access for most of the lower section. Scramble up to below a 10m roof & continuation crack going up the centre of the wall.  
Pitch 1: (26) Climb the roof & continue up the steep wall to a ledge.  
Pitch 2: (22/3) Start on the left and climb steep jugs into a granly groove which turns into a recess higher.

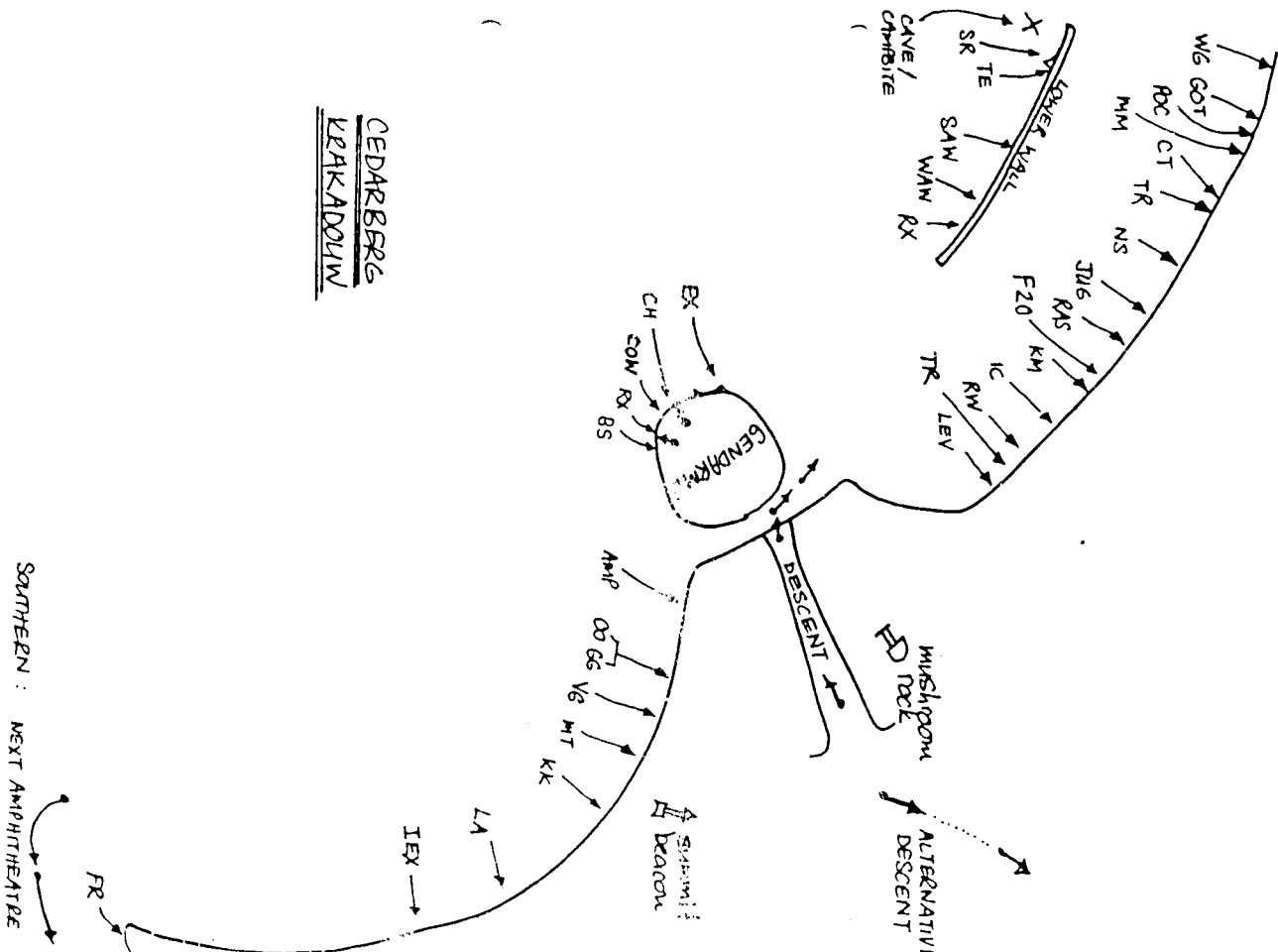
FA: AdK 1984

## POC Pump of the century (27+) \*\*\*\*\*

One of the finest lines in the country. The roof & crack immediately right of God or Thunder, joining that routes belay ledge. The name & grade are to date provisional, since the route has only been top-roped by AdK 1988

## MM The Missing Mirror (22) \*\*\*

To the right of God of Thunder is a steep corner/pillar before the main dihedral of T-Rex. The route starts immediately below the pillar in a steep corner. One pitch leads up into the left-hand side of the pillar to a ledge. Walk right to find a gargoyle & rappel.



CEDARBURG  
LEAKADOUW

FA: J. Codens &amp; Adk 1988

## CT Combined Tactics (25A) \*\*\*\*

Just right of the main Missing Mirror pillar is a smooth wall undercut towards the right with a peg in the first rail.

Pitch 1 : (25) A hard boulder problem gains the peg. Continue up the corner on the right of the flake to a ledge. Scramble up to the highest block under the rock on the right.

Pitch 2 : (21A) Combined tactics give access into the crack. Straight up to the next ledge.

Pitch 3 : (19/20) Continue up the same crack to the top.

FA: J. Fisher, E. February &amp; M. Versveldt 1988

## TR Iyanosaurus Rex (20/21) \*\*\*

Takes the huge dihedral in the middle of the left-hand end of this section of the cliff. Start at the undercut flake right of Combined Tactics, below and left of the dihedral above.

Pitch 1 : (20/21) Re\* right to the grass turf and climb the crack to the ledge. Walk right to the crack in the dihedral.

Pitch 2 : (19) Climb the crack.

Pitch 3 : (20) Continue up the open book on the right. Traverse right at the top. Walk a short way right past the overhang at the top.

Pitch 4 : (19/20) Climb up, rail right and then back left higher onto the face. Continue diagonally left to the top.

FA: D. Cheesemond, B. Gross, G. Lacey, K. Appolls &amp; B. Saville 1977

## NS Nobody Saurus (19) \*

The route climbs up the wall 10 - 20m right of the T-Rex corner. Start from blocks between the two main blocks.

Pitch 1 : (19) Climb up to a ledge.

Pitch 2 : (15) Climb a rounded layback flake and go diagonally right towards a wide gully/groove. Traverse left & up grooves to a large ledge.

Pitch 3 : (19) Start midway between T-Rex's crack on the left & the gully on the right. Climb the steep face to a small ledge.

Pitch 4 : Go diagonally left & up to a steepening. Rail right and follow grooves to a ledge and follow grooves to a ledge. Traverse left to a classic ledge.

Pitch 5 : (15) Take the first break along the ledge & climb a groove to the top.

FA: K &amp; M. Smith, I. Stalen 1984

## JUG Juggernaut (22) \*\*\*\*

The subsidiary amphitheatre left of the gendarme is marked by huge staggered rocks 20 - 30m up. The left-hand roof is the largest and is terminated on its right-hand side by a large block. Start directly below this.

Pitch 1 : (22) Climb to a small overhang, pull through and move left. Climb to the overhang and traverse right. Continue to a steep stepped corner to stance under a smooth open book.

Pitch 2 : (20) Rail left, up a slab to a flared recess on the left-hand side of the large block beneath the big roof. Climb the recess to a stance on the right.

Pitch 3 : (17) Pull through the roof. Move left for 4m and straight up the overhanging wall.

Pitch 4 : (15) Climb to the top (70m)

FA: K. Smith & C. Edeslein 1984  
FA: Adk & A. Wood 1985

## RAS Basius (22) \*\*\*\*

The route starts directly below a prominent black water streak right of the big roof.

and finishes more or less above it.

Pitch 1 : (20) Climb up & through an overhang and up to a roof. Move right, continue up a corner until able to go left to a stance.

Pitch 2 : (19) Move left & climb a short, smooth open book (Juggernaut). Exit left & continue left until able to climb back rightwards to stance at the level of the obvious rail.

Pitch 3 : (22) Rail hard right for 10m & up to the next rail. Climb to stance at the level of the obvious rail.

Pitch 4 : (17) Climb diagonally right over grey rails to a hollow. Continue to an alcove.

Pitch 5 : (17) Traverse left & climb up to ledges.

Pitch 6 : (15) The summit.

FA: K. Smith &amp; C. Lomax 1983

## F2D Fly to King (21) \*\*\*

Pitch 1 : (18) Start left of Kayaman. Climb up a vague break to a small ledge. Using a fraction of Kayaman, stance in the Dashed ledge.

Pitch 2 : (21) Climb right to the beginning of the rail & move directly up right, then left, and right again up to a stance.

Pitch 3 : (19) Move right & diagonally left up a face to stance on the right-hand edge.

Pitch 4 : (19) Rail right to a juggy break, & then diagonally leftward to the top. (70m)

FA: J. Fisher &amp; J. Wilse-Samson 1989

## KIM Kayaman (21) \*\*\*

Left of the Ichysaurus crack is a smooth wall of line of jugs run diagonally left to right. The stone work is more or less vertical. Start on the jugs, diagonally.

Pitch 1 : (17) Climb up the face to a ledge. Go diagonally left to a small overhang. Pull onto a ledge.

Pitch 2 : (17) Go left, pull up on jugs & diagonally left to a hand rail. Traverse to right to a bucket stance.

Pitch 3 : (21) Start on the right. Climb diagonally left and up. Traverse right to the skyline, over a bulge and over to a stance on the right.

Pitch 4 : (11) Climb diagonally right on jugs.

Pitch 5 : (15) Move left through a steep rounded section to the top.

FA: C. Lomax, G. Lacey & J. Whitaker 1982  
FA: C. Lomax 1983

## IC Ichysaurus (21) \*\*\*\*

A superb route that takes the obvious crack in the grey wall left of the gendarme. Scramble up to the higher ledge below the long overhang which blocks access directly into the crack. The route climbs the smooth face immediately right of the easy Kayaman crack.

Pitch 1 : (19) From the block climb to the rail and up past more rails which lead rightwards to a long ledge. Walk right to a curved scoop.

Pitch 2 : (20) Move up the scoop & back left to a rail. Go right and up before moving left to a ledge. Climb into the crack to a hanging belay just higher.

Pitch 3 : (21) Climb past the roof & up the crack. Stance on the right.

Pitch 4 : (19) Climb the break & wall to the top. (65m)

FA: E. February, Adk &amp; M. Versveldt 1983

## RW Randon Winds (25) \*\*\*

Left of the second rapped down the gendarme gully is an obvious leftward leaning layback crack (left hand). Start at the groove which is the next break left.

Pitch 1 : (20) Pull through the groove & up to a ledge with a large block.

Pitch 2 : (20) Walk 6m right to a break. Climb straight up to a ledge. Diagonal left to a stance below a red corner/crack forming the right-hand side of the big pillar visible from below (Levathan takes the left-hand side of this pillar).  
Pitch 3 : (25) Climb the crack to the ledge. Walk right to the standard descent down the gendarme gully.

FA: AdK & I. Manson 1985

TR Titon (22) \*\*\*

Start on the extreme right-hand side of the Rastaman amphitheatre (the last recess on the right before the descent route).  
Pitch 1 : (22) Start in the big crack. Rall left to a shallow recess. Up and onto the slab above to a stance.  
Pitch 2 : (15) Move left & climb to the base of a pillar.  
Pitch 3 : (20) The crack in the middle of the pillar. Exit right.  
Pitch 4 : (19) Start far right and climb up & leftwards below a huge roof. Climb the obvious overhanging crack/bulge on jugs. Stance on the right.  
Pitch 5 : (20) Climb straight up to large roof. Rall left & through the roof on flakes.

FA: J. Fisher & J. Wise-Samson 1989

LEV Levathan (20) \*\*

The feature is a huge  $\frac{2}{3}$  up the face, above which is a prow on the skyline. Start by up the gully to a large ledge (level with the end of the 2nd rappel down the chimney). Traverse 20m left to a beacon.  
Pitch 1 : (17) Climb the face, then traverse left along the rail until able to move up and right to a ledge. Walk 10m right.  
Pitch 2 : (15) Climb diagonally left & to the base of a pillar.  
Pitch 3 : (17) Climb the chimney on the left of the pillar, continue to a small stance. Move up & left through an undershelf flake to a stance on blocks below the huge roof.  
Pitch 4 : (20) Step down & go left. Move up under the roof & rall left to the up-rail through to a stance.  
Pitch 5 : (17) Climb to the top, keeping just left of the nose.

FA: G. Mallory & C. Edelstein 1984

### The Lower Tier:

This wall extends from the cave/campsite on the left to a small gendarme on the right.

SR Snout's Route (16) \*

The juggy wall on the right-hand side of the cave.

FA: C. Edelstein

TE Total Eclipse (25) \*\*\*\*

Around the corner of the cave on the right is a clean corner on grey rock.

FA: AdK 1985

SAW South America Wall (24) \*\*\*

Walking along from the cave a smooth wall is reached bounded high on the left by a smooth corner, and by a large corner/crack on the right. This is the South

America Wall. Start at a main ramp below a flake in the dead centre of the wall. Climb to a rail (thin) and traverse left for 10m to the first break in the roof. Power through & go left up into the corner. Climb up & find a gargoyle to rappeil.

FA: AdK & E. February 1987

WAW What about the Workers (20) \*\*

The corner/crack on the right hand side of the wall.

FA: AdK & E. February 1987

### The Gendarme:

EX Exodus (20) \*\*

On the front of the gendarme is a square cut recess capped by a roof. Start at the left-hand crack.  
Pitch 1 : (16) Climb the off-width, move right & up the wall trending diagonally left to a ledge.  
Pitch 2 : (20) Walk left to a corner leading up to the roof. Climb up and traverse left to a layback crack breaching through.

FA: AdK & I. Manson 1985

CH Chicane (23) \*\*\*

A Yosemite type crack on the corner of the Gendarme just before the amphitheatre comes into view. Start next to a boulder from right of Exodus. Climb the hard crack 1.5m left of the corner to the overhanging. Pull through & climb the finger crack. Rappal Arrives

FA: C. Edelstein 1985

COW Clash of Wans (23) \*\*\*

Start 2m around to the right of the arete next to Chicane. Climb the crack.

FA: D. Shewell & A. Forsyth 1988

BS Blockysaurus (17) \*\*

Just right is a corner/groove. Two pitches to the top of the gendarme.

FA: N. Good & M. Cook 1987

RX Rong X (22) \*\*

Further along, a rightwards leaning layback crack is reached. Climb up to a rappel peg.

FA: J. Colenso 1988

PW Parisian Walkway (19) \*\*\*

Start around the corner from Route X.  
Pitch 1 : (16) Climb the knobby wall right of a wide crack. Trend right & back left to a ledge. Move right & up to the base of a layback crack.  
Pitch 2 : (19) Climb the crack moving right at the top. Walk about 25m left to the end of the large ledge.  
Pitch 3 : (17) Climb the grey wall left of the overhang to the top of the gendarme.

FA: A. Wood & C. Roy 1988

The Main Amphitheatre:TML The Missing Link (23) \*\*\*

The obvious corner left of the orange overhangs. About 50m left of the start of the

Frontal route.

Pitch 1 : (19) Ascend Corner. Belay next to detached boulder.

Pitch 2 : (?) Belay on top of boulder.

Pitch 3 : (23) Start up on the right. Climb yellow rock to a rail. Rail left, pull up onto arete (undercut). Move diagonally right across face to grass ledge on right.

Pitch 4 : (15) Pull through roof on left, climb wall above to ledge. Traverse left & rappel off Gardarime.

FA, J. Colenso & M. Williams 1989

AMP Kakaduw Amphitheatre (19) \*\*

Start almost in the middle of the amphitheatre. There is a large beacon under a

small roof.

Pitch 1 : (17) Climb the recess/jam crack.

Pitch 2 : (15) Up, and then right out to the nose. Up this to broken rock. Scramble up to the base of a ramp with a split block at the top.

Pitch 3 : (19) Climb the ramp and into the crack.

Pitch 4 : (7) Up right & diagonally up to a large ledge.

Pitch 5 : (13) Starting near the middle of the face, climb up on jugs.

Pitch 6 : (13) Traverse left into the corner, then up to a ledge.

Pitch 7 : (8) Continue up for about 20m, then crawl right for 45m.

Pitch 8 : (17) Climb the face, then further on, to belay below overhangs.

Pitch 9 : (15) Traverse right around the corner, through a hole & to a ledge.

Pitch 10 : (11) Traverse further & up a yellow face to easy ground.

FA, K. & B. Fletcher, Berrisford, Kalmowitz & Williams 1968

OO Oango-Utang (19) \*\*

Start up 30m right of the Amphitheatre route. Scramble up a crack to the upper ledge.

Pitch 1 : (17) Start on the left, climb a short face and across to the open book. Take off from blocks & go up the recesses. Exit left.

Pitch 2 : (19) Climb diagonally to where it is possible to go straight through a roof above.

Pitch 3 : (15) Traverse right on good rails.

Pitch 4 : (19) Climb through the crack in the overhang. Climb the crack on the left.

Hand-rail right until able to move diagonally back left.

Pitch 5 : (19/20) Traverse left & climb thin wall just right of the bottomless crack.

Pitch 6 : (15) Move left & up (15m). Traverse right and up to the highest of two

giant ledges.

Pitch 7 : (15) Start from behind a large block on the right, and climb a crack. Move right to a cubbyhole and a stance further right.

Pitch 8 : (17) Move up to the overhang and through to the top.

FA, D. Cheesemond & E. February 1974

FFA, B. Gross, G. Lacey & D. Cheesemond 1978

GG Gorilla Grooves (22) \*\*\*

Orange-Utang starts more or less in the middle of the amphitheatre in a right facing open book. The grooves start about 6m right and follows a groove/crack line leading  $\frac{1}{2}$  of the way up the wall.

Pitch 1 : (22) Climb the right-hand crack, walk 2m left at a ledge to another crack. Follow this to a ledge.

1979 Journal

(P 179)

MT Monkey Tricks (21) \*\*\*

In the middle of the amphitheatre is a prominent orange-grey recess capped by a large triangular overhang. The route starts directly below this overhang on a large block 10m left of King Kong. Scramble up to the upper ledge.

Pitch 1 : (20) From the block, pull onto the face. Up a recess to a ledge. Continue up to a small stance.

Pitch 2 : (21) Climb the crack to the roof. Move left into the red recess and up to a block stance below the upper roof.

Pitch 3 : (15) Traverse right & climb up to a ledge. Continue up through a roof to a grassy ledge. Traverse right to belay at the end of the ledge.

Pitch 4 : (20) Move across a slab for 5m. Pull through a roof. Traverse diagonally right to a block ledge. Drop down and rail into a recess. Climb to a daisie ledge below a roof. Move 5m back left to a grassy ledge.

Pitch 5 : (20) Move diagonally across rightwards to jugs leading upwards slightly left, steeply, up to a stance on the right.

Pitch 6 : (15) Move left to a tip of a small roof on the left. Easier climbing up to a rock.

Pitch 7 : (15) Continue up to a higher ledge.

Pitch 8 : (17) Climb a recess, just below a smooth wall on the right. Continue to a stance on blocks below a large roof.

Pitch 9 : (17) Move left on a flake below the roof. Continue up & left to the next set of roofs. Pull through where a crack splits the roof & go to the top.

FA, D. Cheesemond & C. Lomax 1981

KK King Kong (21) \*\*\*

Walk about 50m right of the grooves on a ledge below an overhang with a Y-shaped crack in orange & grey rock.

Pitch 1 : (20) Climb around the left-hand side of the roof & up the corner. Take the right-hand fork of the Y. Climb up to a stance behind a block on the right.

Pitch 2 : (19) Traverse right around the skyline & zig-zag up the ramp.

Pitch 3 : (17) Take-off the right-hand side of the ledge & up the crack/recess.

Pitch 4 : (18) Climb the recess on the left.

Pitch 5 : (17) Start on the left, move right and up a crack. Go left & up to a ledge.

Pitch 6 : (15) Start on the right and move up leftwards on jugs. Continue up the face & then move diagonally right through small overhangs onto a ledge leading to the right of a pinnacle block.

Pitch 7 : (15) Climb to a ledge just higher, (10m).

Pitch 8 : (21) Climb up in the open book to a rest. Either stem up & move right, or move right & climb up further around. Continue up an easier break and groove to

belay.

Pitch 9 : (19) Climb the steep recess, move right at the top.

Pitch 10 : (15) Step left and pull through the overlap. Climb up to massive

overhangs. Move to the right & follow a recess to the top.

FA, D. Cheesemond, A. Manson, C. Edelstein, & K. Smith (pitches 9-10), T. Dick & D. Jamieson (1-8) 1979

LA Liquid Acrobats (17) \*\*

Start 200m left of the edge of the ridge below a good recessed crackline.

Pitch 1 : (17) Climb the crack. Traverse left to a corner with black streaks.

Pitch 2 : (15) Climb the corner to a ledge. Traverse 8m left.

Pitch 3 : (11) Climb the juggy wall moving right at the top onto a ledge. Traverse 6m right to a crack.

Pitch 4 : (16) Climb into the crack, past the overhang and onto a block. From the ledge step right and scrambling leads to the summit via the frontal ridge.

FA: S. Bridgeman & P. Du Preez 1974  
FFA: R. February & M. Wyngaard 1974

— IEX Indecent Exposure (20) \*\*

Start towards the right hand side of the amphitheatre at two small slabs leaning against the face.

Pitch 1 : (20) Start 8m right of one slab, head up to a diagonal crack. Climb this until able to traverse left across to a stance.

Pitch 2 : (15) Start in the corner on the right. Climb the crack and go left to a ledge.

Pitch 3 : (11) Climb left then right to a ledge. Traverse left and scramble further left to a platform.

Pitch 4 : (15) Climb up to a traverse line and follow it left.

Pitch 5 : (17) Climb the recess on the left to a ledge. Walk right until the end of the roof.

Pitch 6 : (17) Climb the crack, go left and up. Go leftwards into a chimney and up to a ledge.

Pitch 7 : (17) On the left is a recess leading into a crack. Start up this and onto the rib on the right. Gain a smooth slab & hence a ledge.

Pitch 8 : (11) Move right & up. Traverse right & into a gully to the top.

FA: D & J. Cheesemond & E. February 1974

FR Frontal Route (11)  
The ridge.

FA: R. Baillie, C. Inglis, D & C. SaintClair-Smith 1959

Southern Amphitheatre:

COA Coming of Age (22) \*\*

Walk around from King Kong (15 minutes) to where a gully leads up to a notch. On the right is a series of dihedral cracks capped by a 15m roof. Start at the base of the most undercut corner on the right.

Pitch 1 : (21) Boulder start allows access to an excellent corner past two small roofs to a ledge.

Pitch 2 : (21) Climb up to a semi-hanging belay under the first roof.

Pitch 3 : (21) Rail left, up to the big roof. Escape left to a ledge.

Pitch 4 : (21) Move left, climb 4m up to a roof and rail 10m right. Go for the top.

FA: C. Curson & G. Mallory 1987

Several other routes have been opened in this area by this pair.

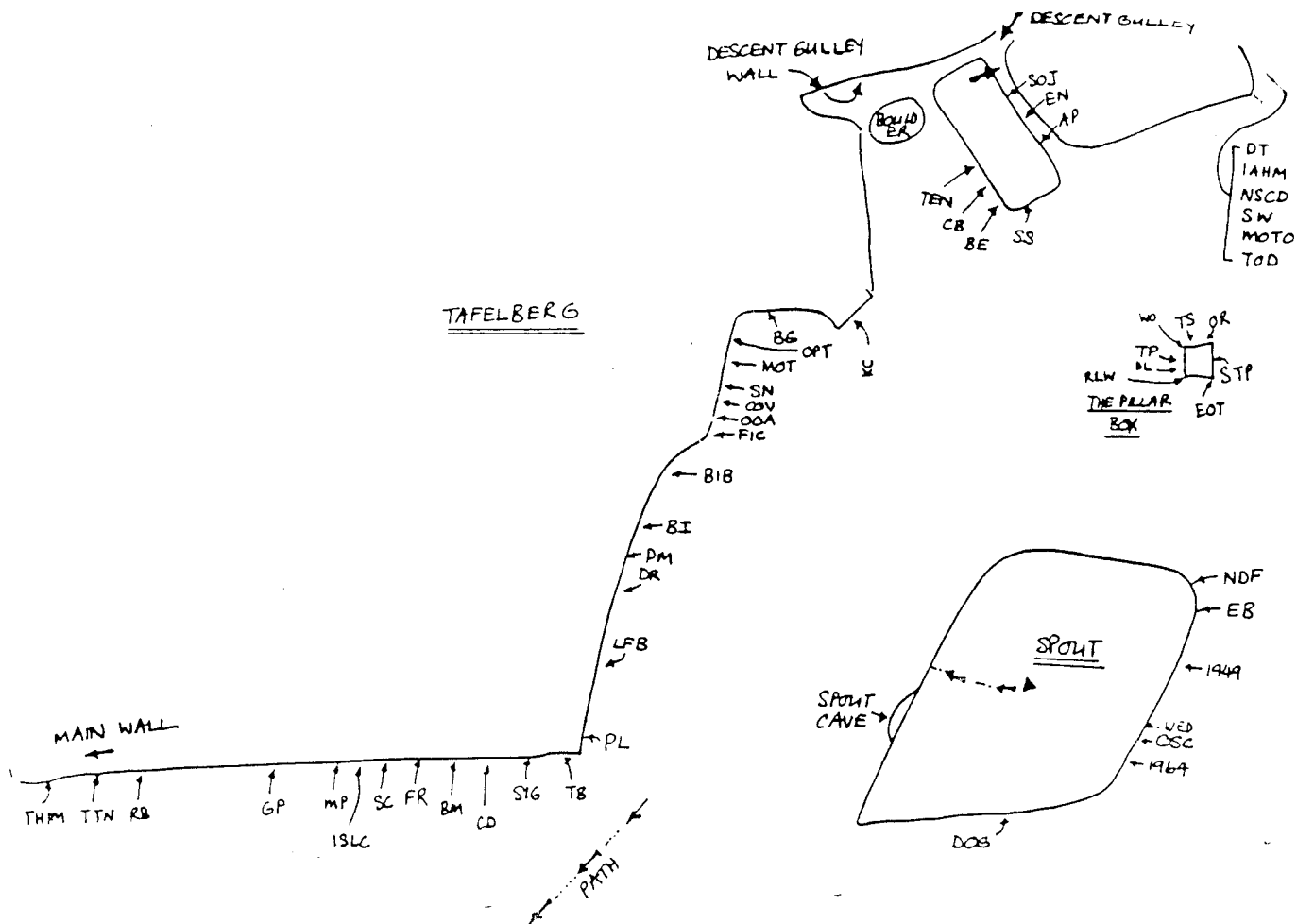
Tafelberg

Access: From Algeria continue over the Cedarberg/Uitkyk pass into a Boulder strewn valley. The first turn left is sign-posted Driehoek. Follow this to park among the pine trees.

Walk-in: Follow the road for about 1km to where it turns right, crossing a ford, and continuing to a ruined farmhouse. Pass this on the left & follow the path up into the wide kloof. At the top, a beacons turn goes up right past the Welbedacht cave onto the first Vake. At the jeep track turn right and go on for about 1km to where the path leads up to the second rise on the left. Follow this to the second Vake and walk up the boulder strewn slope diagonally right to the gap between Tafelberg and the Spout. At the neck, Spout cave is visible on the right. Water is usually found in puddles at the neck or on top, or else at a perennial drip on the far side of the Spout.

Descent: From Tafelberg itself walk South-East to summit beacons. Cairns lead down to the descent gully (see diagram). From the spout, easy scrambling down in line with Spout cave leads down to the neck.

Routes described start from the left end of the main wall, going anticlockwise around the Tafelberg and clockwise around the spout.



TS Ica Strainer (18) \*\*  
Around the corner from TTN (3 pitches)

THIM Thimble (15) \*\*  
The route starts 50m to the left of the Pedastal Corner crack

FA: K. Fletcher, Kohler, Kaimowitz & Saadon 1965

TTN Thread the Needle (?) \*\*  
This route can be used for descent, and no description is necessary. Merely follow the broken crack and move onto the face on the left about halfway up.

FA: Broj, Scott-Hayward, Anson Cook & F. Barnstord 1929

✓ RB Rigolisch (19) \*\*\*\*

Scramble up the gully at the base of the needle and out right underneath the huge blocks. Walk towards the right-hand edge of the ledge past the start of Teapot wall to a thin vertical crack.

Pitch 1 : (17) Climb the crack to a ledge. Continue up to a large ledge below a smoothish face.

Pitch 2 : (16) Climb up (tricky) and then traverse left until just after a hard move it is possible to step up to easier rock & a resting place. Move up and layback to the overhang where a traverse left leads to a crimped ledge. Pull up to a high handrail until a swing up lands one on a stance 11, the base of a recess.

Pitch 3 : (14) Climb the recess and then straight up to the top.

FA: P. Faill M. Scott 1973

FFA: D. & J. Chassemond 1974

GP Grappler & Grappler Direct (19) & (20)

The original frontal route starts 25m left of the crack system below the prominent angled razor flake on the crest. Another 30m or so further left is a dark brown wall of overhangs, and a huge orange/brown recess directly below the top pitch of the frontal (which traverses left to break through the top band, up a pillar of blocks next to an overhang shaped like the blade of a bowie knife). Start under the big recess.

Pitch 1 : (14) A short recess (12m) leads to a ledge, strewn with blocks which runs left and right into the frontal crack system. Move over right to where the dark orange rock becomes more speckled.

Pitch 2 : (17) Climb two short walls, then a brown recess leading to an overhang with a smaller overhang under it formed by a long thick water. Reaching boldly over this for the top edge, a hand-traverse left leads to easier rock. Pull up to a cramped stance.

Pitch 3 : (18) Wedge up the cleft above the stance and step right and up onto the smaller of the two slabs which lead out right, below the last curving smooth big overhang blocking the huge fault. Delicate moves right, then grab the handrail and power along it until it widens and one can pull up to the stance on the corner.

Pitch 4 : (15) A bit further right, two rope-lengths of steep (15) climbing up red, then grey, faces lands one on the ledge below the Bowtie knife overhang.

Pitch 5 : (15) (Manacos's variation of the frontal) From the left-hand side of the blocks at the end of the Bowtie knife overhang climb up steep faces at first diagonally left then up to the top.

FA: M. Scott & T. Hughes 1972

✓ Grappler direct (18) \*\*\*\*

From the stance at the end of the crux hand traverse (pitch 3) climb a short wall to a daisie ledge under the overhangs. Traverse left into the recess and climb this for two pitches of delightful 'F', up the crack system rather like the Frontal. Move right

near the top, where an overhang blocks the way, by traversing past a block on the corner and up a steep polished wall to the big ledge.

FA, R. Bahne & M. Scott 1986

MP Malden's Prayer (17) \*\*\*

The best approach is to walk along the large ledge running across the centre of the face. This has overhangs above, and involves some scrambling. Once the overhangs above cease, scramble up and behind a block to belay.

Pitch 1 : (17) There is a right angled recess above. Starting on the right, climb into and up it to a ledge. Traverse right on the ledge to a point just to the left of the huge overhangs.

Pitch 2 : (17) Climb the face (which is white), and through the overhang on huge jugs. Continue to a ledge.

Pitch 3 : (14) Move left around the corner and up into a crackline. Follow this and then up the face above, to a crack on the left leading to the top.

FA, M. Manacos & F. Villa 1952

ISLC In Search of the Lost Chord (16/17) \*\*

The route lies up the front of the Tafelberg, about halfway between the cluster of routes around the frontal and Malden's Prayer. The second pitch is noticeable as the only obvious break through the overhangs above the large ledge cutting across the lower part of the mountain.

Pitch 1 : (10) Climb straight up from the beacon about 150m to the left of the frontal. This lands one on the large ledge (beacon).

Pitch 2 : (16/17) Climb through the overhang and into the flared recess above. Fall right, climb up to another rail which takes one back left into the flared part of the flared crack. Continue up and traverse to a small ledge. Continue traversing until able to move up to a higher level and then further left onto the ledge. Move up and around to belay on the left side of a large detached column.

Pitch 3 : (14) Traverse left to a black undercut face and climb it on a small incut hold, after which it is possible to move easily left under an overhang. Continue left, moving slightly down at one point, until just before a watercourse is reached.

Climb out and up to the right to a bottomless crack/chimney. Climb the crack on huge jugs to a large ledge. Scramble up and to the right to a large bushy ledge and across further right to a brown face to the left of the Frontal variation (beacon against face).

Pitch 4 : (14) Climb up recess then out onto the face on the right. Continue up bearing slightly right to the ledge above.

Pitch 5 : (13) Move slightly right from the top of the previous pitch and up into a horizontal dished crack. Move left along this until able to stand up and climb up to the overhang. Break through using a huge jug on the left to swing out onto the lip on the right. Move left and climb the face above until it is possible to bring up to a platform and then climb straight up a short face to the top.

FA, D. Cheesemond & P. Du Preez 1977

SC Solger (19) \*\*\*

It starts in a slight recess left of the main frontal pitch. The third recess left of the main cracks.

Pitch 1 : (14) Pull through the overhang and climb up to a ledge.

Pitch 2 : (?) Traverse right past the main crack and up to a large ledge.

Pitch 3 : (10) Move up and left over blocks to the roof and then left into a crack/chimney. Ascend this to a ledge.

Pitch 4 : (10) Continue up the crack to a ledge. Walk left and climb the face to a big ledge.

Pitch 5 : (19) About 50m left is an arched shaped rock under an overhang. Climb up over blocks onto the rock. Move up and right on good jugs to the top.

FA, M. Scott & T. Hughes 1971

TR Tafelberg Frontal (12) \*\*\*

The line is obvious as the main crack which splits the face near the middle of the front of the mountain. The crack runs up between several overhangs and is closed in below by an overhang.

Pitch 1 : (12) Start 30m left of the bottom of the main crack. Climb a crack to a good stance.

Pitch 2 : (?) Traverse 40m right over blocks, step across the main crack, round to the right and up 5m to a stance.

Pitch 3 : (10) Diagonally up and left over blocks. Stance directly under the longest overhang.

Pitch 4 : (12) Traverse left into the main crack. Climb this to a ledge. The next pitch starts 25m to the left.

Pitch 5 : (12) A short face leads to a broad ledge. Traverse about 45m left to the start of the next pitch.

Pitch 6 : (10) Roughly 15m of scrambling over blocks and out onto a finger of rock brings one to a position under an overhanging sit. A line hold will be found which makes the overhang easy. Scramble to the summit.

FA, E. N. Keen, B. Russell & Hans Wong 1947

BM Boomerang (15) \*\*

Boomerang takes a narrow crack about 17m to the right of the frontal about 20m left of the Central Direct crack.

Pitch 1 : (10) Climb the crack and move up right to a large ledge.

Pitch 2 : (14) To avoid the frontal, climb across the crack just above the lip of the overhang until forced up and hence to the ledge. Walk 50m right to the end of the ledge.

Pitch 3 : (15) Climb diagonally left to stance on 'coffin rock' under overhang.

Pitch 4 : (15) Lean up from the rock and layback up and then left onto easier rock.

Pitch 5 : (15) Climb the crack above. To avoid an overhanging section, move left, up, back right and higher up to a large stance. Scramble left and move up to a block. Continue further left and down around the corner. The next pitch starts 30m further left, slightly right of the razor flake at the top of the mountain.

Pitch 6 : (15) Move up the bulging face and traverse about 10m to the left until able to climb up to the ceiling above. Traverse right below this and then up left to a stance. Scramble up and left to an open book with large jugs.

Pitch 7 : (15) Climb up the open book and left onto the top.

FA, K. Fletcher, M. Scott & D. Hartley 1970

CD Central Direct (20) \*\*\*

This climb takes the crack system running down from the razor flake at the top of the Central Direct.

Pitch 1 : (19) Climb an overhanging crack at the bottom of the central break.

Pitch 2 : (17) Continue up the crack to a large stone.

Pitch 3 : (20) Continue up the crack then to the left to a small stance.

Pitch 4 : (10) Move up to what is obviously the last large ledge.

Pitch 5 : (12) Climb up and to the right then to the left on black rock, up a little and back to the right to a line of weakness directly below the flake. Climb the line of weakness (17), move to the left and chimney out behind the flake.

FA, R. Fuggle & A. Dick

SIG Snake in the Grass (20) \*\*\*

Slither through the overhangs guarding the base of the vast unclimbed red wall between Spout cave and the frontal routes, and continues up the grey wall above to finish just to the left of fairly obvious stepped rectangular overhangs on the crest. Scramble up to the highest ledge.

Pitch 1 : (20) Handspring out and left on a contorted rail. Stance on the lip of the overhang.

Pitch 2 : (20) Move up and rail 3m right.

Pitch 3 : (23) Climb slightly left to a smooth flared recess. Climb it to gain steep rock and a stance.

Pitch 4 : (22) Climb up leftwards to the next overhang, and rail left and out to pull up and stance on the lip.  
Pitch 5 : (22) Rail 5m right, climb up to the roof, rail 3m left, use the fingerlock crack to gain easier grey rock on the right which is followed to an airfield.

Pitch 6 : (12) Climb up on the right, traverse right to a blocky ledge, and continue up to a stance below a small overhang.

Pitch 7 : (17) Move left, climb up steeply then up rightwards and back leftwards to a huge ledge.

Pitch 8 : (17) Climb up diagonally right, then diagonally left to a crack which leads up a smooth face which is climbed to the overhang. Traverse left to a stance at the end of the overhang.

Pitch 9 : (17) Climb the crack to climb diagonally right and up to the summit.

FA: Chris Lomax & Kevin Smith 1983

FFA: Adk 1985

FB Route X (17) \*\*\*

The clean layback corner through red rock. Start 100m left of path up to Spout Cave.

FA: E. February & D. Cheesemond 1974

LFB Lord Foulis Bang (22) \*\*\*

The route takes the white wall to the left of Drood Rockworm/Pure Mania opposite Spout Cave. Start below a prominent V with a crack below it. Climb the crack and V, moving left. Climb up and stretch left to a rail. A hard move leads up to a rail below a short crack. Traverse right for 4m and move up to a small ledge. Climb up and one move right on a rail. Move up and a hard stretch up rightwards to a high rail (crux). Traverse 5m right to a rest below an upside down horseshoe flake visible from below. Climb up to a rail. Move 2m left, through the bulge and back right and up the wall on the right to the summit.

FA: Adk & A. Forsyth 1986

DR Drood Rockworm (22) \*\*\*

The route starts 5m to the left of Pure Mania, shares its stance and climbs the wall on the right of that routes final pitch.

Pitch 1 : (22) Climb a crack, move right to a flake and up to the roof. Rail left until it gets undercut. Grovel leftwards until able to move up to the next rail. Grovel back right and break onto the face. Climb across leftwards to a stance.

Pitch 2 : (18) From the ledge climb diagonally right to a loose block. Climb up to a rail and continue up moving ever so slightly rightwards to a scoop. Climb the wall straight above.

FA: Adk & J. Sydow 1985

PM Pure Mania (21) \*\*\*

Start immediately opposite Spout Cave where there is a hole in the grey face 10m above the ledge.

Pitch 1 : (20) Climb through the unlikely roof below the hole, and up into the hole.

Pitch 2 : (20) Climb up, traverse right and then up (good F3). Move back left, and up to a stance.

Pitch 3 : (17) Climb juggled face to the top.

FA: E. February & M. Versveldt 1983

B1 Black Ice (19) \*\*\*\*

An obvious white bevelled 'block' forms the highest point on the Tafelberg skyline opposite and slightly to the right of Spout Cave. Black ice starts directly beneath the block and finishes to its left. Scramble up broken rock to the base of the final steep wall. Start at the break 5m to the right of a large trapezium shaped

overhang.

Pitch 1 : (19) Climb the initial overhang to a ledge, and move up a short corner to a roof. Rail 5m left to a cammed block. Use this and continue by means of strenuous arm pulls to a stance on the rails.

Pitch 2 : (19) Traverse left to a blocky ledge. Climb up and move back right to a vague break which is followed through the top steep band of rock to a ledge.

Pitch 3 : (17) Pull through the overhangs on the left and climb to the summit.

FA: C. Edelstein & K. Smith 1983

BIB Back in Black (22/23) \*\*\*

20m right of Black Ice there are two large boulders below a rock-marked roof. Rail out above the left hand boulder and lie up the wall above. Through overhang.

FA: Adk & D. Shewell 1986

FIC Footsteps in the Corridor (21) \*\*\*

The next line right of Back in Black. Peg visible in rail.

FA: Ed February & Jono Fisher 1988

OOA Oceans of Air (23) \*\*\*\*\*

Start under the large cave high up opposite and right of Spout Cave. The route breaks through the middle of the enormous ceiling on top of the steeply overhanging wall.

Pitch 1 : (15) Scramble or climb up a few metres then walk 15m to the right end of the ledge.

Pitch 2 : (23) Rail right for 7m to a crack, which is followed up to a ledge. Walk or crawl about 20m right and up 2m to a stance.

Pitch 3 : (17) Move diagonally left on assorted jugs and sharp rails towards the terrifying roof. The cubbyhole below the break is reached via the #4 Friend rail, and exited on immense buckles.

FA: G. Mallory & C. Curson 1987

COV Chain of Voices (21) \*\*\*

The route climbs the white wall to the left of Sneak. Start below the right hand end of two vertical chimney slots below the Sneak traverse in ledge.

Pitch 1 : (16) Climb the slot. Climb through the roof and further up the break, crawling through the second roof to belay in a daisie ledge.

Pitch 2 : (21) From the belay pull through the roof using a flake on the left. Traverse right for 3m to a crack-line down and to the right of a rightwards curving layback. Power up the wall to the vertical continuation/corner of the rightwards curving crack. Climb up and move left and up the break following

cracks/grooves/ramps to a roof. Traverse 3m right to a ledge. A long stretch leftwards reaches a rail under the roof. Pull through to the top rail and go rightwards & through the roof to the top.

The bottom feature is the vertical slot, the route finishing at a small incut scoop in the roof on the extreme right-hand side of the very big overhang. This is clearly visible as a jutting prow in the top roof, from Spout Cave.

Pitch 1 : (20) Climb up and rightwards on steep rock. Rail right, climb up, and

FA: Adk & A. Forsyth 1986

USN Sneak (20) \*\*\*

This is a steep short route which takes the right hand skyline of Tafelberg as seen from Spout Cave. Scramble up the broken grey rock forming the base of the cliff to a point beneath the huge overhangs which dominate the crag across and to the right of Spout Cave. Traverse out to the right for about half a rope length on an exposed daisie type break with occasional hard moves. Stance at the end of the traverse (old beacon).

Pitch 1 : (20) Climb up and rightwards on steep rock. Rail right, climb up, and



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move back left, to continue up to easier rock.  
Pitch 2 : (2) Climb easy rock to the summit.

FA: C. Lomax & K. Smith 1983

MOT Mirrors of Time (23) \*\*\*\*

Midway between Sneak and Big Groove is a big undercut open-book above which lies a peapod groove also undercut by a rock. This groove is obstructed by another small overhang halfway up. Scramble up blocks to the base of the big open book and walk left to an easier break leading to a rail.  
Pitch 1 : (17) Climb up to the second rail and traverse right around the corner and into the big open book. Climb this and rail out left to a very airy projecting stance, obvious from below, and beneath the groove above.  
Pitch 2 : (23) Climb into the groove and follow this to the top where gritstone like faces are climbed to the summit.

FA: AdK, S. Bradshaw & A. Jardin 1984

OPT The Optimist (22) \*\*

Starts of the beacon 10m right of Mirrors of Time.  
Pitch 1 : (18) From the end of the ledge move right a few metres around the corner, then diagonally up and right for 7m to a traverse line. Follow this 10m rightwards to its end.  
Pitch 2 : (21) From a point about 2m before the end of the traverse climb up to where a desperate mantle secures a tenuous position. Then climb diagonally left to the ceiling. Traverse delicately right to satisfy yourself that reaching the break would require a hook or bolt job, before rappelling off.

FA: C. Curson & G. Mallory 1987

✓ BG Big Groove (18) \*\*\*

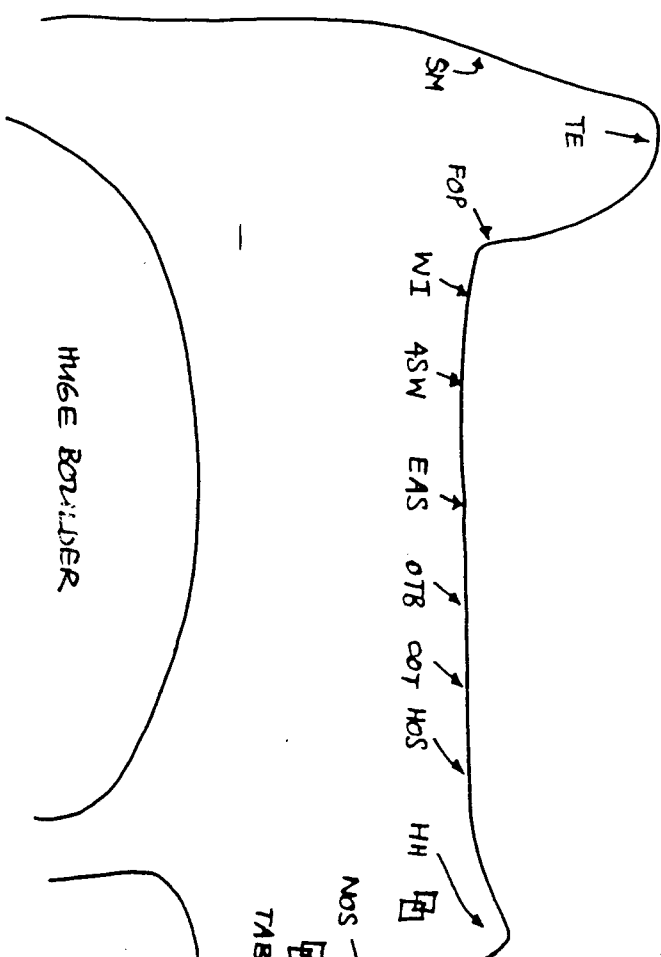
Pitch 1 : (17) Climb up to a higher ledge and then a smooth face with a thin crack on the left. Move right and down and then into a slight recess. Climb right on good holds and then onto a stance on the right.  
Pitch 2 : (18) Continue up the groove moving left at the ceiling onto a narrow ledge. Using an underhand layback move left through the overhang to a stance.  
Pitch 3 : (18) Layback left through the next overhang and up the crack/corner. Continue up and step right to a stance.  
Pitch 4 : (14) Straight up to the top.

FA: M. Scott & P. Fatti 1970

✓ KC Knightcap (15) \*\*\*

2 pitches. The route climbs the buttress immediately left of the entrance to the descent gully.

FA: Lost in the mists and bogs of time.



TAFELBERG DESCENT GULLEY WALL

COMES A TIME WALL

Routes in the descent gully.

**SM** The Salesman (16) \*\*  
The wall immediately left of the Tradesman's Entrance.

**FA:** AdK (solo) 1985

**TE** Tradesman's Entrance (15) \*\*\*  
The recess/chimney on the left end of the Comes a Time wall.

**FOP** Field of Opportunity (21) \*\*\*  
The Arete and groove on the left-hand corner.

**FA:** AdK (solo) 1984

**WI** Wild Innocence (25) \*\*\*\*  
Just right of the corner is a short groove/minor corner. Climb up & onto the wall.  
Continue up, moving past the blank section.

**FA:** AdK 1985

**ASW** Four Strong Winds (24) \*\*\*\*\*  
Immediately above the narrowing between the boulder & the wall. Up to a thin roof. Slightly right & up to a rail. Continue up past a sloping jug. Move slightly right onto jugs. 6m up, go diagonally left until directly above the start.

**FA:** AdK & S. Bradshaw 1984

**EAS** Echoes & Shadows (25) \*\*\*\*\*  
Start under a small roof. Climb through on the left (3 pegs) to a rail. Pull straight through a small bulge & up the wall. Move right to a thin diagonal ramp/seam to a rail. Straight up a crack between jugs on the left (4SW) & a crack on the right (COT).

**FA:** AdK 1985

**OTB** Out of the Blue (25) \*\*\*\*\*  
The line between Echoes and Shadows and Comes a Time. Pull through the roof at twin cracks. Straight up the wall to the big halfway rail. Climb the crack on the right of Comes a Time to the top.

**FA:** J. Fisher 1988

**COT** Comes a Time (20) \*\*\*\*\*  
Start in the crack leading up to the right-hand side of a small rectangular roof. Climb up & through the roof on the left. Climb to the halfway rail, go left & up the left-hand of two parallel cracks to the top.

**FA:** K. Smith & S. Bradshaw 1984

**HOS** Harvest of Seasons (20) \*\*\*\*  
Climbs the wall just right of Comes a Time.

**FA:** AdK & A. Forsyth 1986

**HH** Human Highway (21) \*\*\*\*\*  
Start up slabs right of Comes a Time. Climb a crack/corner into the curving crack forming a corner above.

**FA:** AdK & A. Jardin 1984

**NOS** Nerves of Steel (23) \*\*\*  
Climb the black streak & grey wall above and right of it on the overhanging wall to the right of Human Highway.

**FA:** E. February & J. Fisher 1988

**TAB** The Arbitrator (15) \*\*  
The wall & slab on the right end of the descent gully wall.

**FA:** AdK & C. Jackson 1985

**TEN** Tenismus (23) \*\*\*  
Walking up the descent gully a steep vertical crack on the RHS before the subsidiary gully (blocked by a huge chockstone) is reached.  
Pitch 1 : (17) Starting left, climb up and right to a narrow ledge below and to the right of the crack.  
Pitch 2 : (23) Climb diagonally left to the crack which is followed to the base of a deep chimney.  
Pitch 3 : (?) Chimney to the top.

**FA:** S. Bradshaw, C. Edelstein & K. Smith 1984

**CB** Catche Blanche (22) \*\*\*  
Start a few metres to the right of Tenismus. Takes thin crack right of Tenismus starting halfway up the face.  
Pitch 1 : (18) Climb diagonally up right to a stance.  
Pitch 2 : (21) Take off left. Continue up the break and then up the crack. When it blanks out traverse 4m right to a grey face, climb this to a stance.  
Pitch 3 : (18) Climb up to the overhang. Traverse right and exit in the same place as The Bitter End.

**FA:** D. Shewell, J. Wise Samson & A. Forsyth 1988

**CBE** Bitter End (20) \*\*\*\*  
Start from the blocky ledge at the right-hand end of the Tenismus wall. Start 3m right of Short 'n Sweet dark crack. Bitter End crosses Short 'n Sweet and finishes out left.  
Pitch 1 : (20) Climb a shallow recess to grey rock which is climbed diagonally leftwards. Continue up and left to a stance at the base of an open book.  
Pitch 2 : (20) Climb the open book to a stance on the left beneath a long overhang.  
Pitch 3 : (17) Climb the crack on the right through two overhangs to the top.

**FA:** C. Lomax & K. Smith 1983

**SS** Short 'n Sweet (18) \*\*\*\*  
The route takes the brown pocketed recess left of the start of Bitter End. It finishes up an obvious recess to the right.  
Pitch 1 : (15) Move diagonally up left before traversing left to the skyline. Climb up to a high ledge on the left before moving back diagonally right to the base of the recess.  
Pitch 2 : (18) Climb the crack above and continue up the layback crack to a rail under the roof. Move left around the corner to a stance in a recess.  
Pitch 3 : (14) Two rope lengths up recess to top.

**FA:** A. Chinery & B. Harvey 1966

**HOO** Hackaroo (20) \*\*\*\*  
The line to the left of Apathy.

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FA: C. Roy & A. Hackland 1989

### ✓ AP Apally (16) \*\*\*\*

Start up the recess, rail left and finish up the obvious grey break in the middle of the wall.

FA: AdK (solo)

### ✓ EN Energy (17) \*\*\*\*

Takes the crack & corner line on the right 5m left of the rappell. point.

FA: AdK (solo)

### ✓ SOJ Short on Joy (18) \*\*\*\*

Climb through an overhang directly below the rappell. point.

FA: D. Shewell, J. Wilse-Samson & A. Forsyth 1988

### TD Threshold of a Dream (14) \*\*\*

Walk down past the start of Short 'n Sweet and scramble onto the huge block directly opposite the pillar box. The climb follows the left-hand edge of the face above.

Pitch 1 : (14) Climb the left-hand bulging face on huge jugs. Angle slightly left, move easily up and belay in a shallow cubbyhole.

Pitch 2 : (10) Climb the nose just left of the stance and then straight to the top.

FA: D. Cheesemond, G. Edge & P. DuPreez 1973

### ✓ DB Dark And Brooding (15) \*\*

Walk past the Pillar Box until the face becomes undercut. Start just left of the undercut portion.

Pitch 1 : (2) Climb up on huge jugs to a ledge below an overhang and with a rock finger jutting out on the right.

Pitch 2 : (15) Climb onto the finger and then up the face to a ledge.

Pitch 3 : (10) Start just left of the small cave. Climb up and then right to overhangs up red face to the top.

FA: X

### IH Into the Haze (19) \*\*

Takes the line just right of the big red wall. 3 pitches.

FA: D. Shewell & A. Forsyth 1988

### ✓ MOTO Motopsychosis (15) \*\*\*

Walk 300m past the Pillar Box. The route starts off a block below an undercut face to the right of the big red wall.

Pitch 1 : (15) Do an awkward take-off. Break through overhang using a spike on the right. Trend diagonally leftwards to a ledge.

Pitch 2 : (10) Climb the grey face above to a ledge.

Pitch 3 : (10) Go slightly right and then up to a jug field.

FA: S. Bridgeman, P. DuPreez & D. Cheesemond 1973

### SW Settler's Way (10) \*\*

Start just right of the block on which Motopsychosis starts.

Pitch 1 : (10) Climb first overhang on jugs. Move left and climb the prominent layback crack. Scramble onto the small block 10m to the left.

Pitch 2 : (10) Step onto the face and climb up on good holds until able to move right to a ledge. Continue up white face moving left.

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FA: K. Fletcher, B. Kotler, L. Kalnowitz & Saadlen 1965

### NCSD Now for Something Completely Different (14) \*\*

Walk past the ledge where Motopsychosis & Settler's Way start. The climbing begins from a corner on the right-hand side of the overhangs on the lowest rock band.

Pitch 1 : (14) Climb up to the right to avoid fragile rock until possible to move left into crack. Move right onto overhanging face and up right on good jugs to a ledge. Take off from the wobbly block and climb up to the ledge at the start of Short 'n Sweet.

Pitch 2 : (14) Break through the 'Mushroom Overhang' just to the right of Short 'n Sweet. Climb diagonally up right to the bottomless crack breaking through the overhang above, straight through on huge jugs and up to a ledge. Scramble to the right across the small cave to belay on the ledge.

Pitch 3 : (14) From the top of the block climb the undercut face above to a ledge, traverse right and straddle up to a large ledge.

FA: P. DuPreez & D. Cheesemond 1977

### IAHM It's a Horse Man (15) \*\*

Right of NCSD. Starts at a prominent short jam crack.

Pitch 1 : (15) Climb the jam crack to a ledge.

Pitch 2 : (15) Go up and right to the foot of a prominent flake crack. Climb this moving right at the overhangs, up to a ledge.

Pitch 3 : (15) Climb the wall above and pull round the overhang on good jugs, then up and right to a recess.

Pitch 4 : (12) Trend left and up to a short steep wall. Climb this on fantastic jugs to a ledge. Climb the wall on the right.

FA: A. Goldberg, Rolf Weigell & John F. Moss

### DT Deep Throat (16) \*\*½

Starts 100m right of IAHM. Start at a buttress marked by steep gullies.

Pitch 1 : (16) From the right hand gully swing left onto the buttress and climb straight up for 8m then diagonally right and back left to a large ledge.

Pitch 2 : (14) Scramble up grass terrace. Climb chimney (beacon at base on right) to overhang split by deep chimney. Traverse out left on the lip and up to a large ledge.

Pitch 3 : (14) Climb to the overhang at 5m. Climb past this on good jugs to a ledge.

Pitch 4 : (14) Traverse across the ledge to an easy break on the right.

FA: C. Harris, L. Adams & J. Moss 1965

## Western Cape Rock

### Routes on the Pillar Box.

Routes are described clockwise from the original route.

#### ✓ OR Original Route (17) \*\*\*\*\*

Start off the beacon. Rail left to pull up to a spike. Climb up a move to a rail, go left and up jugs to the top.

#### STP Serenity, Tranquility, Peace (24) \*\*\*\*\*

The face around the corner from OR. Traverse in from the left.

FA: AdK 1986

#### EO1 Edge of Time (25) \*\*\*\*\*

The arete left of STP.

FA: AdK 1986

#### RLW Red Letter Word (24) \*\*\*\*\*

The right-hand arete as one looks at the Pillar Box from descent gully.

FA: J. Celenso 1989

#### DL Deliranga (21) \*\*\*\*\*

Up the middle of the grey face left of RLW. Joins TP at the top.

FA: J. Celenso 1989

#### TP The Postman (19) \*\*\*

Wanders up the face left of DL. Starts just right of the arete.

#### ✓ WWO Woodro (17) \*\*\*\*\*

The arete left of TP.

#### ✓ TS Time Stone (19) \*\*\*\*\*

Goes up just right of grey streak.

FA: AdK & D. Shewell 1986

## Western Cape Rock

### Routes on the Spout

Route are described anti-clockwise from New Dawn Fades.

#### EB Eastern Blk (20) \*\*\*\*\*

At the east-most corner of the Spout is a short red wall with a ledge at  $2\frac{1}{4}$  height. Both EB and NDF climb past the ledge to the top. EB takes the break on the corner.

FA: J. Fisher, E. February, B. Ferreira 1988

#### NDF New Dawn Fades (23) \*\*\*\*\*

Climbs the wall a few feet to the right of EB.

FA: J. Fisher & E. February 1988

#### 1949 The 1949 Route (15) \*\*

The route starts up a chimney at the right hand side of the cave where the drip is situated. It works out onto and up the face on the left. About  $\frac{3}{4}$  of the way up it crosses a ledge, which runs to the east side and continues up a recess, to end within a short distance from the summit beacon.

FA: M. Mamacos, c.c.(Boots) Butler & W.L. Dowsley

#### WED Where Eagles Dare (17) + Ad (25)

Starts 100m to the right of Oscillation. Climbs the prominent grooves to the right of the white nose. [See 1976 MCSA Journal for comprehensive Route Description.]

#### ✓ OSC Oscillation (21) \*\*\*\*\*

Starts 10m right of the 1964 route.

Pitch 1 : (12) Start on a loose flake. Move up to the right under a small overhang. Layback through into a recess which is climbed (bolt?) to a ledge on the right.  
Pitch 2 : Traverse right to a nose. Climb this and recesses to a ledge. Belay on the left.

Pitch 3 : (18) Climb the face to a small but long overhang. Traverse right to a peg, pull through to a stance.

Pitch 4 : (14) Climb the recess at the back of the stance, moving out left at the top. Scramble 35m to the right and belay on some blocks.

Pitch 5 : (21) From the top of the block, pull onto the face and up to a rail. Rail left to a recess. Climb this, exiting at right to a ledge. One is now on the left-hand corner of the white nose. Ascend the corner [crux] and belay in a dangle crawl.

Pitch 6 : (18) Traverse right until above the nose. Ascend the corner above. Take the easiest line to the summit.

FA: D. Hanley, P. Fatt, M. Scott & K. Fletcher 1970

#### 1964 The 1964 Route (22) \*\*\*

Start at the foot of a smooch, slightly concave grey face undercut 4 feet above the ground, with a 10 foot slice of rock lying below.

Pitch 1 : (18) Climb the face proceeding right to an overhanging chimney which is climbed past an overhang. Move to the left onto a small face and then continue up to a stance.

Pitch 2 : (15) Traverse to the left across a face and climb up to a large ledge.

Proceed up and to the left and climb over a large vertical flake to a ledge.

Pitch 3 : (17) Traverse to the right past an obvious sling point. Descend around the corner, and then move to the right and climb up to a tiny stance. Climb the recess to a large ledge.

Pitch 4 : (22) Climb the recess to a pigeon hole. Out through the roof and up to large pigeon hole. Traverse to the left across an airy face past the bottom of what looks like a perfect hand-jam crack, and then climb up an overhanging crack on

## Western Cape Rock

the skyline, to a ledge.  
Pitch 5 : (14) Climb a chimney 10m to the left.

FA: M. Mammos, R. Baillie  
FFA: Gordon Bosch & N. Nevan 1982

DOG: Dogmatix (20) \*\*\*

The route starts where the orange overhangs begin, about 100m to the left of the 1964 route and below a huge buttress with a block sticking out at its top. Start beneath a 4m roof with a rectangular flake suspended midway across.

Pitch 1 : (20) Climb to the roof and fall to the left along the flake, to the lip. Pull through on jugs and move up to a stance.

Pitch 2 : (17) Climb up and to the left to a small overhang. Pull through on jugs, until, forces right. Climb the easy ramp to a large ledge.

Pitch 3 : (17) Starting 10m right, climb up to and through a juggy layback. Move to the right and climb the break to a large ledge.

Pitch 4 : (15) Climb 8m, into the corner below the roof. Move to the left around the arete and climb up to a ledge.

FA: C. Edelstein, E. February, with S. Bradshaw on pitch 1 1983.

## Western Cape Rock

### Welbedacht

Access: From the ruined farmhouse (see Tafelberg notes), walk left along the valley floor. Up on the right is a prominent pillar/buttrass. Camp below this in an oak grove. Walk straight up to the front of the buttrass. Routes are described from left to right.

1. Lonely Beginnings (20) \*\*\*  
The left hand arete/crack. 3 pitches

FA: AdK & E. February 1983

2. Running Blind (22) \*\*\*  
Climbs cracks/corners running up the left hand middle of the buttrass.

FA: AdK & E. February 1983

3. Jokerman (20) \*\*\*  
The line near the right hand corner. 3 pitches

FA: E. February & M. Versveldt 1983

4. Queen of spades (17) \*\*\*  
Around on the right hand wall of the buttrass is a line following cracks & walls in between.

FA: K. Swansen & C. Vind 1983

WolbergComplete guide to SE face and descent gullyAccess: From Algeria drive south over Nieuwoudt pass. Permits available at Dwaarsrivier during office hours.✓ SG Satisfaction Guaranteed (18) \*\*\*

The main feature on this route is the big left leaning grey groove to the left of the overhanging bands on the South-West face. Start from the ledges directly below the groove.

Pitch 1 : (17) Climb past some suspect blocks into a short corner. Avoid a poised white flake by hand traversing to the left, so gaining a narrow ledge at the foot of the main groove.

Pitch 2 : (18) Superb climbing leads up the back of the groove and out to the left around an overhang. Climb up the short corners above to a massive ledge on the right.

Pitch 3 : (15) Go horizontally left on a narrow rail to a niche, and then climb directly up on jugs to a belay ledge.

Pitch 4 : (2) An easy chimney gives access to an escape ledge whence scrambling on garryoes leads to the summit.

FA: D. Davies &amp; Robin Barley 1978

✓ OA Omega (18) \*\*\*

The route traverses in from the right under the BP overhang on the corner between SE and SW faces and takes the obvious line of weakness through the lower band of overhangs onto the grey face. It breaks through a prominent vertical step in the upper band of overhangs and finishes up the orange faces above. Start at the left hand end of the ledge below the SE face.

Pitch 1 : (14) Traverse to the left under the BP overhang to a small platform on the corner and continue around the corner on good rails to a narrow ledge.

Pitch 2 : (18) Reverse the last part of the traverse, use a concealed flake to pull up into the recess below a ceiling. Traverse to the right across the face and move out under the overhang into a niche.

Pitch 3 : (15) Climb up for 3m, traverse back to the left and climb a steep crack with some blocks in it to the level of an overhang. Traverse to the right past the overhang to a ledge below a short grey crack.

Pitch 4 : (10) Climb the crack and continue up over large blocks into a cave-like recess. Move to the right and then back to the left onto a nose leading to the broad ledge beneath the second band of overhangs. Walk to the left for 20m to a wall forming a vertical step in the overhangs.

Pitch 5 : (17) Use vertical hand jams to move to the left across the wall and up to a small ledge at the base of a vertical crack on the corner above the overhang. Follow the crack up to a stance on some jammed blocks where the crack narrows to a slit 5m below another overhang.

Pitch 6 : (10) Traverse to a ledge on the right with a grey face above it, climb the exposed projecting corner and move back to the left to belay directly above the previous stance.

Pitch 7 : (15) Layback and jam up a tricky crack, and climb up easily past a pinnacle leaning against the face under an overhang to a large ledge on the left. Scramble 20m or so through a short steep band of rock to an undercut face.

Pitch 8 : (?) Climb the face and scramble to the top.

FA: P. Du Preez &amp; A. Schoon 1978

GB Gallows Bird (23) \*\*\*

This route follows the deep overhanging chimney on the left side of the SW face. It finishes up the nose on the corner of two faces. Start on the left hand end of the higher ledge that the other routes such as Celestial Journey start from.

Pitch 1 : (23) From a block a lunge gains access to a square recess above. Climb up and move left into the cubbyhole. Rall left and climb up to a ledge inside the chimney.

Pitch 2 : (14) Climb up the chimney and continue up the cracks to a grassy bay below an overhanging crack.

Pitch 3 : (17) Climb the crack and right-hand wall up to a chimney. An overhanging lip leads to good ledges.

Pitch 4 : (14) Go up left via some grassy cracks and then leftwards around a corner to finish.

FA: D. Davies & R. Barley 1978  
FFA: ADK 1983WG Wolfgang (22) \*\*\*\*

Start 5m right of Gallows Bird.

Pitch 1 : (22) Boulder problem start to gain crack. Follow crack past some tricky moves to flakes. Layback up above moving 2m left below a bulge to a V-notch. Continue up and right to a ledge.

Pitch 2 : (18) Traverse a few metres right moving up to the next rail. Rall right into a large crack which is followed to a ledge. [Wolf in Sheep's clothing pendulum point]. Follow classie ledge 5m right.

Pitch 3 : (20) Climb the crack in the roof and continue to a big ledge.

Pitch 4 : (19) Walk left along ledge. Continue railing at same level to a stance on the nose.

Pitch 5 : (18) Climb the rib above the stance to a ledge. Go right and up the next tier to the big ledge.

Pitch 6 : (19) Start in the centre of the left-hand reddish wall. Climb to a small ledge and move left to where jug hauling leads to a large ledge.

Pitch 7 : (17) Climb the grey arete to the recess above and rail out left under the roof. Continue to the top.

FA: J. Fisher &amp; S. Middlemiss 1988

✓ CJ Celestial Journey (22) \*\*\*\*\*

Route follows direct line up the steep grey walls in the centre of the SE face. Start below the smooth groove 30m left of Alerglow and immediately left of a large detached boulder.

Pitch 1 : (22) Climb the crack and peeped groove to a ledge.

Pitch 2 : (20) Head up right to a short red groove, turn an overhang, and continue up an awkward grey groove to a massive ledge on the right.

Pitch 3 : (22) Above is a grey face. Ascend this to a rail at 10m. Go left past a peg, balance up to the left to a narrow ledge. Continue up the crack and face above to another ledge. Belay on the left.

Pitch 4 : (18) Traverse around the corner. With peg as protection climb up the face to a good ledge, belay below a steep crack splitting the orange face.

Pitch 5 : (18) Climb the crack [an easier alternative (15) exists on the right]

Pitch 6 : (22) Climb a layback crack on the left, pass a block to reach the central groove leading up to a hole. Handrail 3m left to a sloping foothold, mantle shelf and go hard up to the left on rounded holds to a ledge.

FA: David Davies &amp; Robin Barley 1978

HOG House of Games (22) \*\*\*\*\*

Start 8m right of CJ at the base of a thin crack just to the left of the arete.

Pitch 1 : (17) Climb up to a rail. Move left and up the face to a large ledge.

Pitch 2 : (23) Climb the open book. Move right then up and left to a ledge.

Pitch 3 : (21) Climb the shallow chimney (shared with CJ). Rall right for 7m to a crack. Climb this and continue up the face to a ledge.

Pitch 4 : (22) Start 2m left of Afterglow's 3rd pitch. Climb up grey face and move left and up face - thin. Climb diagonally up to overhang. Traverse 4m left and climb a crack to a roof and rail to left to a stance. [shares some of Afterglow's 4th pitch].  
 Pitch 5 : (21) Walk to the left side of the ledge. Climb the steep face directly behind the belay.  
 Pitch 6 : (19) Climb the off-width crack & chimney to a ledge.  
 Pitch 7 : (17) Climb the prominent crack behind the stance to a roof. Stance on the right.  
 Pitch 8 : (21) Climb up to a roof, and rail left and up to a ledge.

FA: D. Shewell, J. Wilse-Samson & A. Forsyth 1988

#### AG Afterglow (21) \*\*\*\*

Start 15m to the left of the crackline used by Alone in Space at a left facing corner.  
 Pitch 1 : (14) Climb the corner on good holds to a ledge.  
 Pitch 2 : (18) Climb up the grey groove to where it becomes smooth. Move to the left around the corner and up to a roof. Swing up to the right to a rocking block, continue up a crescent crack and hand traverse to the left on good holds to an easy groove. There is a large belay ledge 30m higher.  
 Pitch 3 : (23) This is a variation to the original route which had aid. Climb the wall immediately above. Move up to the second rail, go slightly left and up to another rail. Balance up right and traverse right to join the original route at the belay near the chimney.  
 Pitch 4 : (18) Traverse back to the left below an overhang, and climb up the left-hand side of some yellow flakes to a roof. Hand traverse to the left past a peg and pull up to a good rail. Move more easily to the left to the far end of a ledge.  
 Pitch 5 : (18) Step to the left around the corner and, protected by a peg, climb the unlikely looking grey wall on small holds. [Shared with Celestial Journey].  
 Continue up over some ledges to belay below a rounded crack.  
 Pitch 6 : (17) Climb the crack until it becomes awkward and then rail to the left across a wall to a big ledge.  
 Pitch 7 : (17) From the top of the block on a higher ledge, pull up and climb straight up a grey wall to reach an orange recess. Handrail out to the right. Stand up and continue to the right to the cliff top.

FA: Richard Smithers, Mike Halner & Robin Barley 1979  
 FFA: Pitch 3 - Mike Roberts & Chris "King-Ding" Leslie-Smith 1984

#### ✓ AIS Alone in Space (22) \*\*\*

The route follows the curved yellow crack system on the right-hand side of the SE face, and finishes up the magnificently exposed orange walls above. Start in the vertical crack line directly below the huge detached yellow pedestal of the bottom of the curved crack.  
 Pitch 1 : (15) Climb a hand jam crack, then up more easily past the yellow pedestal and so to belay atop the gullotine, a precariously poised flake wedged in the main crack below a triangular overhang.  
 Pitch 2 : (22) Climb into the bowels of the crack to find a good chockstone runner, then descend and jam/undercling across the ceiling crack to reach better layback holds and an awkward rest spot. Continue with difficulty to belay in the chimney above.  
 Pitch 3 : (15) Step to the left and climb up to and through a smooth chimney to a sandy ledge.  
 Pitch 4 : (18) Enter the attic above. Squeeze through the window and follow in the same line passing a short but ferocious jam crack.  
 Pitch 5 : (21) Walk 10m to the left to below a steep orange wall. Partial protection for this pitch can be arranged up on the left arete. Mandeshel, then climb up slightly to the right past a ledge to belay in a shallow alcove.  
 Pitch 6 : (18) Continue up to the right on good rails, finally pulling strenuously over a very exposed overhang to another alcove.  
 Pitch 7 : (12) Go to the right and then up jugs to finish.

FA: Dave Davies & Robin Barley 1978  
 FFA: Pitch 2 - Mike Roberts

#### WE Whinge (18.A) \*\*\*

The route climbs the obvious square arete and red roofs to the right of Alone in Space. Start at the base of the undercut base of the arete.  
 Pitch 1 : (18) Start slightly to the right and rail to the left just above the triangular roof to the arete, which is climbed to a stance on the left.  
 Pitch 2 : ( ) Climb stepped flakes to a ledge.  
 Pitch 3 : (18.A) Climb free to a small overhang a few metres above the ledge, and one metre to the right of the arete. Use 3 or 4 nuts to aid left and up on to the arete, which is followed (free) to the next ledge.  
 Pitch 4 : (20) Traverse out to the left over space. Climb up to the roof and rail leftwards out of sight. Climb past red rails to a stance.  
 Pitch 5 : (20) Climb up until able to traverse left beneath the overhang. Continue over easier rock to the summit.

FA: C. Lomax & K. Smith 1983

#### GBS Good-Bye Blue Sky (23) \*\*\*\*

Start from the same ledge as Whinge [a few metres left of Little Red Rooster].  
 Pitch 1 : (23) Climb up leftwards past the triangular roof. Continue up the face above, tending slightly left until an easing. Tend back rightwards up to the stepped flakes (on Whinge) which are climbed to a narrow ledge.  
 Pitch 2 : (23) Walk left to a seam which is climbed past a bolt to a rail. Move left and then up a break to a mega ledge.

FA: Mike Hislop

#### Descent: Walk right and scramble down to rap, tree

#### ✓ MLRR Little Red Rooster (14) \*\*

The route follows a prominent curving ramp which runs up on the right of the projecting corner at the right-hand extremity of the SE face.  
 Pitch 1 : (12) Climb a scruffy chimney/crack which breaks through the first grey band of rock. Scramble up to the left to a large ledge immediately below the start of the ramp.  
 Pitch 2 : (14) Climb the recess to a ledge below an overhang.  
 Pitch 3 : (14) Continue up to the overhang and then exit to the right onto the ramp which provides easier climbing to a large ledge.  
 Pitch 4 : (12) Climb the gargoyles through the face above to the top.

FA: Mike Roberts & Richard Smithers 1978

#### ✓ EC Energy Crisis (20) \*\*\*\*

The route climbs the buttress between the western-most crack and the gaper crack.  
 Pitch 1 : (20) Ascend the layback crack to a ledge.  
 Pitch 2 : (15) Do a few more moves up the corner, rail right and then up face and crack to a stance out of sight beneath a large overhang.  
 Pitch 3 : (17) Climb the crack in the corner, rail out left and around the corner to an easy traverse line. Traverse left with an awkward move at the end to gain a ledge.  
 Pitch 4 : (12) Continue up the juggy wall to a ledge, pull through the overhang on jugs and up to another ledge.  
 Pitch 5 : (16) Step off beacon, climb a move or two up the crack before railing right & up the face to the summit.

FA: Robin Barley & Richard Smithers (with Mick Halner on pitches 5 & 6) 1979

#### ✓ LW Lone Wolf (17) \*\*\*

Takes the curving crack system around the corner from EC.

## Western Cape Rock

\*\*\*\*  
**LOTR Lord of the Rings (22)**  
 The route takes the face right

The route takes the face right of LW. Start at the undercut base.

Pitch 1 : (22) Climb the seam, past the peg, to a curving crack which leads one to a bay on a lumpy pillar.

Pitch 2 : (22) Climb up to a rounded rail. Fall left around the corner after a few metres climb up to a narrow ledge.

Pitch 3 : (21) Traverse delicately left, then up a corner, and then climb out onto the arete. Climb this moving right at the lip of the roof and up a crack to a party ledge.

FA: JC (Jeremy Colenso) & P. Schotveldt 1987

SE Silhouette (22) \*\*\*  
 Glad more or less

Start more or less in the same place as LOTR.

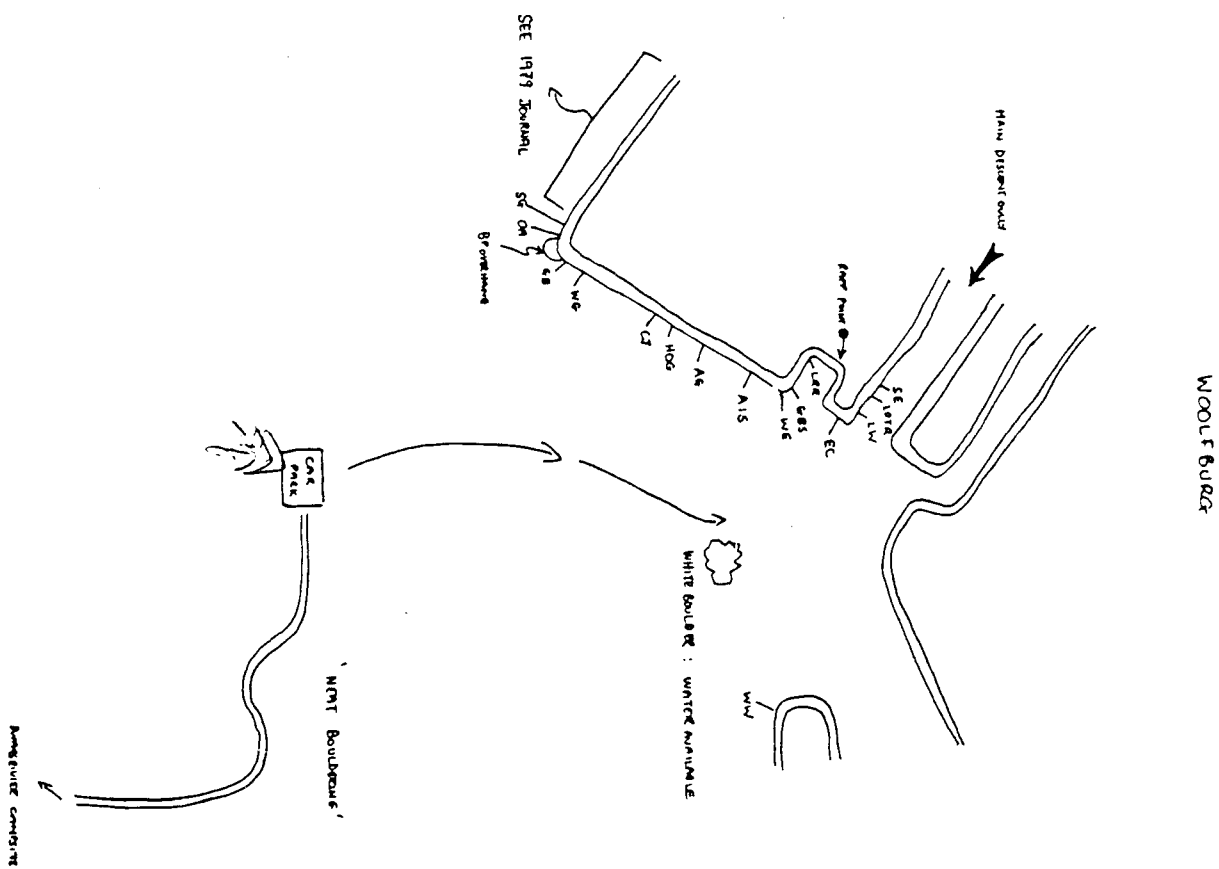
Pitch 1 : (17) Climb up and diagonally right to belay on the right-hand side of the obvious, lumpy, leaning pillar.

Punches, turning, leaning power  
Punch 2 : (22) [Shared with LOTR] Climb up to the rounded rail which is followed leftwards around the corner. After a few desperate metres, make hard moves up to reach a small stance.

Pitch 3 : (20) Climb the steep open book on the right, traverse to the right, and move up to a ledge.

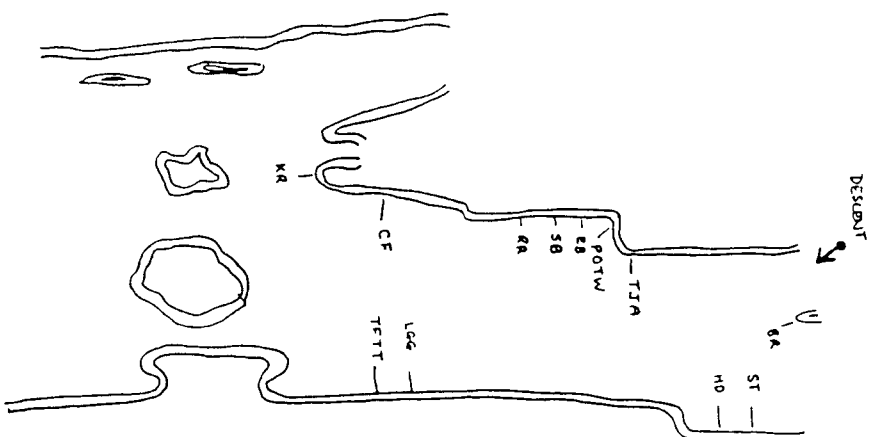
Pitch 4 : (14) Climb up rightwards and continue to the top over mammoth jugholds.

FA: C. Lomax &amp; K. Smith 1983





# THE DESCENT GULCH



## The Descent Gully

✓ **KR** Knobless Robol (18) \*\*\*

Pitch 1 : (17) Climb the right hand leg, up the crack, then out to the right to belay on corner.  
Pitch 2 : (18) Traverse left & then up immaculate face to the top.

FA: G. Robbins & D. Bottomley 1983

**CF** Creature Feature (22) \*\*\*

Seam & hood around the corner from KR.

FA: J. Wise Samson & J. Bertford 1988

**RR** Red Rain (25) \*\*\*\*\*

FA: J. Fisher 1988

**SB** Sanbasssa (25) \*\*\*\*\*

FA: J. Fisher 1988

**EB** Excellent Birds (22/23) R \*\*\*\*\*

Start up POTW traverse in to base of thin crack. Straight up.

FA: J. Fisher 1988

**POTW** Pigs on the Wing (18) \*\*

The Corner.

FA: M. Williams, B. Ferreira, S. Middleton & J. Fisher 1988

**TJA** The Jeterles Arels (22) \*\*\*

Start around the corner from POTW at the base of undercut face. Boulder onto face & climb this keeping slightly right of the arete.

FA: JC & JWS 1988

**ST** Swordfish Ironbore (20) \*\*\*

FA: M. Schaff & M. Williams 1988

✓ **HD** Humpty-Dumpty (19) \*\*\*

FA: G. Howell, S. Larsen, H. Louis & Many others 1988

✓ **LGG** La Grande Gd (17) \*\*\*

FA: J. Fisher & Chris Rolf 1985

**TFFT** Tea for the Tillerman (24) \*\*\*\*\*

Climb grey face (book) and straight up wall above through orange band of rock.

FA: J. Colenso & J. Fisher 1988